

INSTRUCTIONS FOR OVERSEAS WHITE CROSS HANDWORK

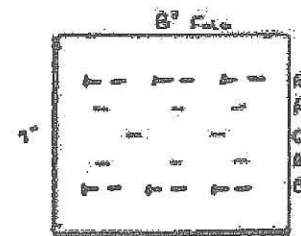
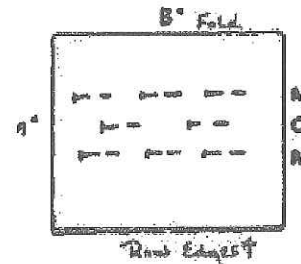
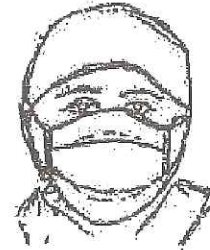
OPERATING ROOM MASK

Materials required:

2 yards 1/2" twill tape or white bias tape
An 8" x 15" piece of loose-weave cotton cloth or close-woven cotton gauze. (Do not use sheeting, percale or cotton as these restrict breathing)

Directions for making:

1. Fold material, right sides together, to make a double thickness 8"x7". Sew the open end together. Turn so that the right side is out.
2. Make center line on the 8" width with straight pins through both thicknesses. This will be line C. Measure 1" from both sides of the center line; mark with pins. These will be lines A.
3. Turn the cloth over. Measure 2" from the center line above and below the center. Mark with pins. These will be lines B.
4. Fold the 2 lines B so they lie on line C. The 2 lines A should be turning away from the center, lying flat in back. Pin through all layers.
5. Using 2 pieces of 36" x 1/2" wide twill tape or white bias binding, leaving 15" for ties on both ends, bind the sides of the mask, catching all layers of cloth. Hem ends of ties. Remove all pins. The side shown is worn toward the face.



BABY GOWNS

These are given to the new child born at one of our mission hospitals. They can easily be purchased in bulk packs at a discount, but may be more plain, so your group can personalize, or sew on appliques if you wish. Size 0 - 3 months is preferred, "potatoe sack" style GOWN with a drawstring at the bottom (not with legs) and long sleeves. In Congo, the purpose of the gowns is to cover a newborn as completely as possible for protection of the little body from the "elements" (mosquitos, village bed mats, etc.)

If you wish to sew your own, follow a commercial pattern for this same style.



BABY RECEIVING BLANKETS

The first gift a child might receive could be the warm and colorful receiving blanket made by hand through White Cross.



Materials required:

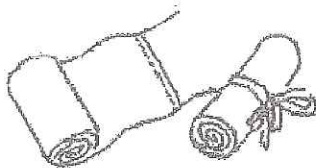
45" x 45" light cotton flannel

Directions for making:

Hem a piece of material of a solid color or print and add a creative touch if you desire.

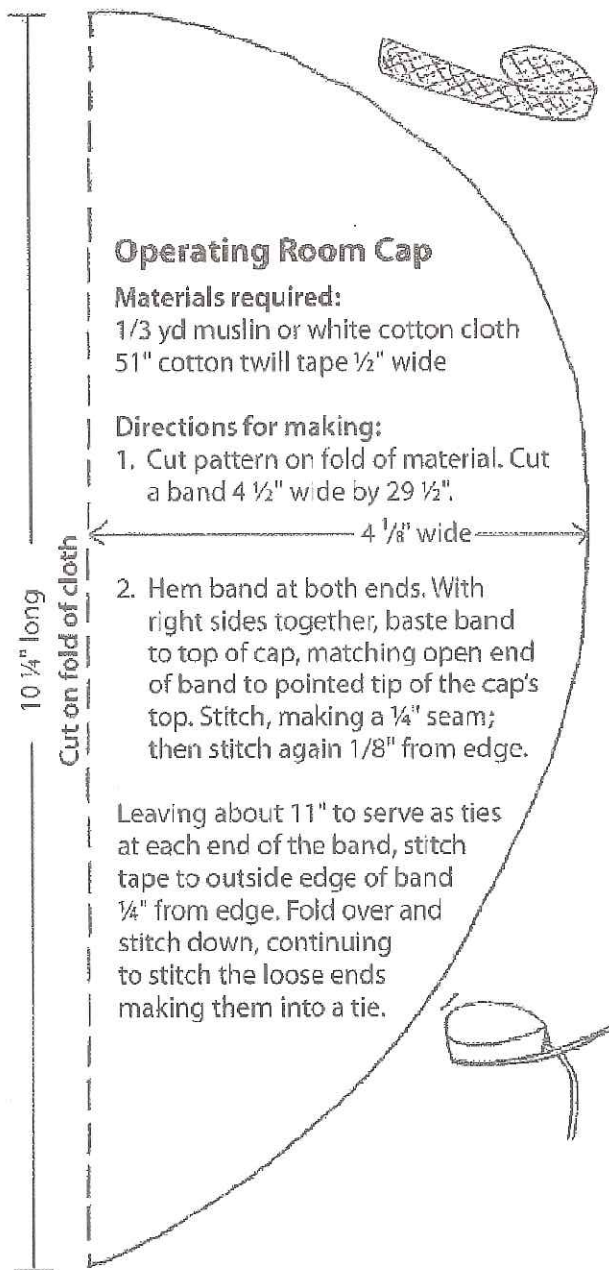
ROLLED BANDAGES

Use soft white, printed or pastel color sheeting, preferably 100% cotton. Please do not use dark colored or flannel sheets.



1. Tear Sheetting in lengths according to the width of 3" OR 4".
2. If two or more pieces are required for length of 5 yards, overlap the two ends and then stitch by machine or hand sew the pieces together until you have reached the required length.
3. To start rolling you can use a pencil or small round object.
4. Roll each bandage tightly keeping edges even and remove loose threads. Remove the pencil or small round object once you have gotten started.
5. Tie securely with a piece of selvage or a narrow strip of material. Please DO NOT use rubber bands.

OPERATING ROOM CAP



white cross Shipping List

| | |
|--|---|
| <p>From: _____ Date _____</p> <p>Name</p> <p>_____</p> <p>Address</p> <p>_____</p> <p>City _____ State _____ Zip _____</p> <p>Phone _____</p> <p>Email _____</p> <p>Church name City _____</p> | <p>Message</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Please include one copy of this form with your shipment and one copy to IM home office address</p> <p>Ship your handwork to:</p> <p>Brethren Service Center IM American Baptist White Cross 601 Main Street, P.O. Box 188 New Windsor, MD 21776-0188</p> |
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| <p>ITEMS ENCLOSED</p> <p>BANDAGES size _____</p> <p>SURGICAL MASKS _____</p> <p>SURGICAL CAPS _____</p> <p>BABY BLANKETS Individual blankets 45" x 45" _____</p> <p>BIRTHING BABY KITS: cap, gown, blanket, plastic sheeting in zippered plastic bags</p> | <p>QUANTITY SHIPPED TO BRETHREN SERVICE CENTER</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> |
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PLEASE SEND FINANCIAL GIFTS TO IM HOME OFFICE AT THE ADDRESS BELOW:

International Ministries
American Baptist White Cross
1003 W 9th Ave, Ste A
King of Prussia, PA 19406-1210