

## BIRTHING BABY SAFELY KITS

**Each kit should include the four items in a gallon-size zippered plastic bag; Can be handmade or purchased and include a financial gift, as you are able. See reverse for handwork instructions. [www.internationalministries.org/white-cross](http://www.internationalministries.org/white-cross)**

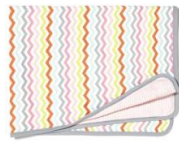
- 1** Make or buy, one newborn gown, long sleeves, draw string bottom/or elastic; NO FEET.



- 2** One light weight knit newborn cap



- 3** One light cotton flannel 40 x 40 inch blanket; single thickness, hem or finish edge to your liking.



- 4** One plastic sheet, 4mil, or 6mil – cut to 45 x 45 inches



**Package the 4 items** in a 1 gallon zip lock bag for easy shipping .

Even if you do not sew you can buy these items at a discount store and iron on matching appliques on the blanket, hat and gown.

Or embroider a cute little design on the three items to create a set!

**BE CREATIVE AND GET THE YOUTH INVOLVED.**

**SEND HAND ASSEMBLED KITS TO:**

Brethren Service Center  
IM American Baptist/White Cross  
601 Main Street  
New Windsor, MD 21776-0188

For financial gifts\*:

\*\$2 per kit for shipping to Congo

\*\$10 (optional) so we can purchase a piece of new Congo fabric for the new mother to wear as she leaves the maternity (**please do not send fabric**).

Please make check payable to International Ministries.

Note on memo of check:

\$2 Congo Shipping

\$10 Congo fabric

**SEND FIANCNIAL GIFTS TO:**

International Ministries  
1003 W 9<sup>th</sup> Ave., Suite A  
King of Prussia, PA 19406-1210

**Gifts to WC-Congo (Niles) help to complete the kit. IM will include a bulk shipment so each kit will receive:**

1. One nasal bulb syringe
2. One pair of sterile gloves
3. One umbilical tie
4. One scalpel
5. Two 4" x 4" sterile gauge pads

# INSTRUCTIONS FOR HANDWORK

## BABY GOWNS

These are given to the new child born at one of our mission hospitals. They can easily be purchased in bulk packs at a discount, but may be more plain, so your group can personalize, or sew on appliques if you wish.

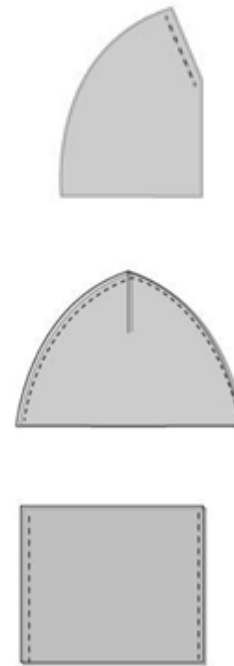
Size 0 - 3 months is preferred, "potatoe sack" style GOWN, with LONG SLEEVES, a drawstring or elastic bottom (not with legs) In Congo, the purpose of the gowns is to cover a newborn as completely as possible for protection of the little body from the "elements" (mosquitos, village bed mats, etc.) If you wish to sew your own, follow a commercial pattern for this same style.



## HOW TO SEW A BABY CAP

1. Fold baby cap pattern piece in half with Right Sides together.
2. Sew along the angled edge using 1/4in seam. Sew both hat pieces this way.
3. Once angled edges are sewn, place hat pieces Right Sides Together and sew around the curved edge from one side to another.
4. Place cuff pieces Right Sides Together and sew along short edges to form one round (connected) piece.
5. Turn hat right side out. Fold cuff along the long side Wrong Sides Together with the raw edges together.
6. With Right Sides of the cuff and hat facing each other place the cuff around the Right Side of the hat. The folded edge will be on top with the raw edges on the bottom meeting with the raw edges of the hat.
7. Sew the cuff to the hat using a 1/4in seam.

**Many easy patterns are available for free online.**



## BABY RECEIVING BLANKETS

The first gift a child might receive could be the warm and colorful receiving blanket made by hand through White Cross.

### Materials required:

40" x 40" light cotton flannel, single thickness  
Hem a piece of material of a solid color or print and add a creative touch if you desire.

