

## BABY BIRTHING KITS - Congo

Each kit should include the four items in a gallon-size zippered plastic bag; Can be handmade or purchased and include a financial gift, as you are able. See reverse for handwork instructions.

<https://www.internationalministries.org/white-cross>

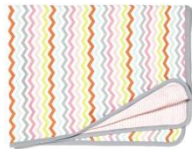
**1** Make or buy, one newborn gown, long sleeves, draw string bottom/or elastic for easy diaper changing; no feet.



**2** One light weight knit newborn cap



**3** One light cotton flannel 40 x 40 inch blanket; single thickness, hem or finish edge to your liking.



**4** One plastic sheet, 4mil, or 6mil – available as drop cloths for painting cut to 45 x 45 inches



**Package the 4 items** in a 1 gallon zip lock bag for easy shipping.

Even if you do not sew you can buy these items at a discount store and iron on appliques such as giraffe on the gown, cap and blanket to create a set.

Or embroider a cute little design on the three items.

BE CREATIVE AND GET THE YOUTH INVOLVED.

**SEND HAND ASSEMBLED BIRTHING KITS TO:**

Brethren Service Center  
International Ministries  
American Baptist – Congo White Cross  
601 Main Street  
New Windsor, MD 21776-0188

**For financial gifts**

\$2 suggested per lb for shipping

\$10 (optional) for fabric from Congo for the new mom.

Please make check payable to International Ministries.

**Note on memo of check:**

\$2 Congo Shipping

\$10 Congo fabric

**SEND FIANCIAL GIFTS TO:**

International Ministries  
White Cross  
1003 W 9<sup>th</sup> Ave., Suite A  
King of Prussia, PA 19406-1210

## BABY GOWNS

These are given to the new child born. They can easily be purchased in bulk packs at a discount, but may be more plain, so your group can personalize, or sew on appliques if you wish.

Size 6# newborn is preferred, elastic bottom style GOWN, (not with legs) for easy diaper changing, with LONG SLEEVES. The purpose of the gown is to cover a newborn as completely as possible for protection of the little body from the "elements" (mosquitos, village bed mats, etc.)

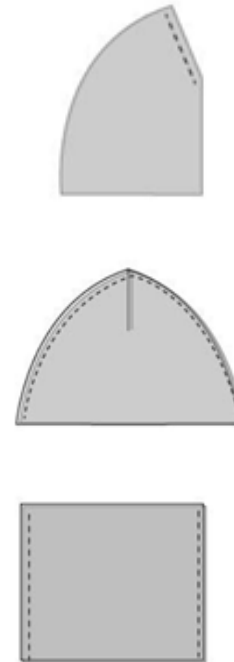
If you wish to sew your own, follow a commercial pattern for this same style.



## HOW TO SEW A BABY CAP

1. Fold baby cap pattern piece in half with Right Sides Together.
2. Sew along the angled edge using 1/4in seam. Sew both hat pieces this way.
3. Once angled edges are sewn, place hat pieces Right Sides Together and sew around the curved edge from one side to another.
4. Place cuff pieces Right Sides Together and sew along short edges to form one round (connected) piece.
5. Turn hat right side out. Fold cuff along the long side Wrong Sides Together with the raw edges together.
6. With Right Sides of the cuff and hat facing each other place the cuff around the Right Side of the hat. The folded edge will be on top with the raw edges on the bottom meeting with the raw edges of the hat.
7. Sew the cuff to the hat using a 1/4in seam.

**Many easy patterns are available for free online.**



## BABY RECEIVING BLANKETS

The first gift a child might receive could be the warm and colorful receiving blanket made by hand through White Cross.

### Materials required:

40" x 40" light cotton flannel, single thickness

Hem a piece of material of a solid color or print and add a creative touch if you desire.



**To complete the kits, IM will purchase the items from funds you sent for WC – Cong0 (Niles) :** One nasal bulb syringe, pair of sterile gloves, umbilical tie, a scalpel, Two 4" x 4" sterile gauge pads

**INTERNATIONAL MINISTRIES** 1003 W 9th Ave, Ste A, King of Prussia, PA 19406-1210