

GUTIERREZ



Anita & Rick Gutierrez

SOUTH AFRICA

LANGUAGES

English
Zulu

MINISTRY PRIORITIES

Health and Wellness,
Training and Capacity
Building

BIRTHDAYS

Anita 6/24
Rick 3/19



LOCATION

South Africa



ABOUT

Family doctors Anita and Rick train and equip local missionaries, or Health Builders, to combat lifestyle-related diseases like HIV/AIDS, high blood pressure, heart and artery disease, diabetes, and malaria in homes, schools, places of worship, and marketplaces.

Health Builders also receive training in

gardening and poultry skills so that they can promote good nutrition and create income, and they lead Bible study groups in their communities.



A Health Builder at work in Etete, in the KwaZulu-Natal province of South Africa



MINISTRY STORY

We used to use a three-part Bible study based on *Free Indeed from Sorcery Bondage: A Proven Scriptural Ministry* by Dr. Marvin S. Wolford. When we switched to conference-style training for Health Builders this past year, we realized that we could incorporate Dr. Wolford's Bible study.

At the conferences, students have the option of taking part in the home study portion of the Bible study. We found that most of our students have never studied the Bible before and had to be shown how to look up Bible passages. About half of the students made a serious effort to complete the Bible studies and found them

to be meaningful and relevant.

We took time at to answer questions and discuss the more challenging topics at length. We could see students sincerely try to understand the material as God's Word touched their hearts.

One woman kindly and gently challenged another about her *Sangoma* (traditional Zulu healer) practices. After private meetings with the Sangoma, she cried as she told us that she feels too bad about herself to bring herself to pray to God. We were able to counsel her on these issues and be loving and supportive. Quitting this lifestyle is a process, but it is one on which she is willing to embark, with God's help.

PRAYER REQUESTS

Lord, let our Health Builders be made free from all spiritual oppression.

May hearts and minds be opened to your Spirit through immersion in your Word.

Raise up a disciple-making movement in South Africa.

SCRIPTURE

"Therefore, there is now no condemnation for those who are in Christ Jesus, ... who do not live according to the sinful nature but according to the Spirit."

Romans 8:1, 4b (NIV)

EMAIL: gutierrez@internationalministries.org

STAY UPDATED: www.internationalministries.org