

## RIPLEY



Kit  
Ripley

**THAILAND**

### LANGUAGE

Thai

### MINISTRY PRIORITIES

Abolition of Trafficking  
in Persons,  
Health and Wellness

### BIRTHDAY

11/10



### LOCATION

Thailand



### ABOUT

KIT's primary ministry is with Imago Art Studio, an outreach of the New Life Center Foundation (NLCF) in northern Thailand. She provides rehabilitative care for survivors of trauma, including sexual abuse, human trafficking and domestic violence through clinical mental health counseling and art therapy. She also

supports spiritual formation through facilitating art and contemplative prayer retreats. Additionally, Kit provides administrative support and consultation for the New Life Center administrative team and board of directors, conducts staff development and training and assists with public relations.



SCAN ME

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A CCAT conference participant creates a nature assemblage.

## “ MINISTRY STORY

According to the Substance Abuse and Mental Health Services Administration (SAMHSA), adverse life experiences in childhood can often lead to persistent mental health challenges later in life, placing people at increased risk for developing substance use disorders, anxiety, depression, suicidal ideation, ADHD, PTSD and conduct disorder. Mental health problems like these are treatable with the support of a knowledgeable therapist.

The Christian Counseling Association of Thailand (CCAT) was formed in 2017 with a mission “to promote mental health and wholistic healing in Thai society through education and Christian counseling”. In 2023, CCAT held their first annual conference, and I was invited to offer two workshops. One was an introduction to trauma and arts-based affect regulation skills. The other was an introduction to interactive expressive arts to support social engagement and stress relief. I also facilitated short, arts-based focusing activities for conference participants each

day. It is a privilege to share my knowledge and experience with other mental health practitioners as we work together to foster resilience and alleviate psychological distress.

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### PRAYER REQUESTS

Pray for inner healing for survivors of trauma who participate in mental health counseling and art therapy with Kit.

Pray for strength, wisdom, and vision for the NLCF's dedicated national staff and board of directors.

Pray that the translated CASKET EMPTY Bible survey curriculum would glorify God and transform lives as people learn about the story of the Bible and the abundant love of Jesus, as shown in the scriptures.

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### SCRIPTURE

*“The LORD will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail.”*

Isaiah 58:11 (NIV)